

Activities & services presented at the 2018 SEED Family Resource Day will include:

Services

Service Provider	Activity	Time	Service Provider Description	Website/Contact Info
Delta Martial Arts & Athletics and Concord Crossfit (Meg Hamilton)	Martial Arts Demonstration	1:00 PM	I've coached for the Special Olympics for participants ages 3-15. I also work with teens and adults on an individual needs basis. We work on fine and gross motor skills, sensory integration, in a fun, safe, and sweaty environment. All are welcome.	http://www.deltamaa.com
	Martial arts-themed Obstacle Course	12:00-1:00, 1:30-2:00 PM		
Snip-Its Kids' Salon	Fun activities and information about preparing special needs kids for haircuts	12:00-3:00 PM	Feeling comfortable is key to a great haircut experience. Snip-its works magic on children with patience, warmth, and technical expertise. The team at Snip-its understands kids and is trained to provide first haircuts and work with sensory issues. The Snip-its team shares insight on the latest trends, pampers kids with manicures and pedicures, and entertains kids at birthday celebrations.	http://www.snipits.com/locations/walnut-creek/
Spirit Body Healing, VibrantFem	Energy Healing sessions with Kristen O'Meara, Angela Servis, and Caleb Neeper	12-3 PM (10-15 minute healing sessions for parents and kids)	Hello, my name is Kristen O'Meara and I am a hands-on energy healing practitioner. From my personal experience receiving and giving energy healings, I am struck by the power and	https://www.spiritbodyhealing.com https://www.vibrantfem.com

			<p>simplicity of touch as a way to relieve stress, clear and release energy blockages, and to bring into alignment the energy of the spirit and body. Using a healing technique called Reiki, I connect with your natural healing energy with light touch to clear and balance the energy centers in the body (chakras) and the energy system outside the body (aura). During this healing process I hold the intention that <i>you</i> as a spirit in a body can heal yourself, and I support the energetic shifts you create for wellness.</p>	
Walnut Creek e-Soccer	Local e-soccer team practice; kids attending event can join in	12-12:45 PM	<p>Walnut Creek E-Soccer is an inclusive sports program serving central and east Contra Costa county. The program partners typical and special needs kids alongside each other in soccer-related drills and activities. It is part of a larger organization named E-Sports (e-sports.org) that supports inclusive sports programs, including E-Soccer, E-Karate, E-Hoops, E-Dance and E-Fitness, across the San Francisco Bay Area and around the world.</p>	http://soccer.e-sports.org
Challenger Baseball	Local Challenger baseball team practice; kids attending event can join in	12-1:00 PM	<p>The Little League Challenger Division provides the framework so Little League programs may offer a structured, athletic activity for all youth in their communities. Playing with the same equipment on the same fields, Challenger Division participants have the opportunity to experience the joys of pulling together as a team, being cheered, and earning</p>	<p>https://www.lafayettelittleleague.org/page/show/693820-challenger-2013-</p> <p>Use Contact link on the website for Steve Parlett</p>

			awards for their achievements.	
Max-Ability Occupational Therapy	Demonstrate OT techniques to improve balance, strength, hand-eye coordination, handwriting, sensory and functional skills	12:00-3:00 PM		
Sarah Fairhurst, N.C. (Nutritionist)	Multiple activities related to picking out healthy foods	1:00-3:00 PM	Sarah Fairhurst is a Holistic Nutritionist that works with families and kids with special needs. Her goal is to help kids find balance through nutrition so they can thrive in their bodies. She is also a local Lamorinda mom, a member of SEED and has a child with and IEP due to spectrum related challenges.	https://www.sarahfairhurstnc.com
Canine Companions for Independence	Dogs and handlers can demonstrate how they work with people with disabilities.	12:00-3:00 PM	Founded in 1975, Canine Companions for Independence® is a non-profit organization that enhances the lives of people with disabilities by providing highly trained assistance dogs and ongoing support to ensure quality partnerships.	http://www.cci.org Contact: nmissildine@sbcglobal.net
Puzzle Piece Athletics (Chad Hooker)	Functional Fitness: demonstrations and participation by attendees	1:00-3:00 PM Demonstrations 1-1:15 & 2-2:15 Attendees participate	Puzzle Piece Athletics, developed by Chad Hooker, is a structured fitness program geared towards children, teens and adults on the autism spectrum.	ChadLHooker@gmail.com , Instagram: @puzzlepieceathletics, Facebook: Puzzle Piece Athletics

		1:15-1:35 & 2:15-2:35 Q&A 1:35-2:00 & 2:35-3:00		
Fiddleheads	Hike, group mindfulness/social activities	12:00-3:00 PM	Fiddleheads is a mindfulness informed social skills instruction and therapeutic support group set in nature. We foster self-awareness and growth in children through activities that promote sensory integration, emotional regulation and empathic connections. Children form healing relationships with nature and make new friends, while absorbing social lessons and connecting more deeply to their senses and feelings.	http://www.seeds-of-awareness.org/our-services/fiddleheads/
Cultural Care Au Pair	Kid-friendly activities led by local au pairs	12:00-3:00 PM	Choosing childcare is no easy decision. Because as parents, we don't ever want to compromise on quality, flexibility and trust when finding care for the most important people in the world. Hosting a Cultural Care au pair gives thousands of families across the country those very important benefits. We invite you to learn more about who our au pairs are, what they do, and why more families than ever are joining our program.	https://culturalcare.com
PROAuPair	Childcare offered for 30 minutes per child, allowing parent(s) to attend parent education talks. Register on-site. Spaces limited.	12-3 PM	PROaupair is the only au pair agency specializing in professional au pairs, highly experienced au pairs with degrees in childcare-related fields such as pediatric nursing, occupational and physical therapy, special needs education, and early childhood education and teaching. We are also the only au pair agency dedicated to families with	https://proaupair.com

			children with special needs.	
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Parent Education Talks

Service Provider	Topic	Time	Talk Description	Website
Natalie Powell, E.T. and PlaySpace Therapy: Debra Nipp OTR/L	Assessment Basics	12:30-1:15 PM		http://www.natalielptherapy.com/ https://www.playspacetherapy.org
GreenLeaf Psychology: Natalie Steffen, M.Ed. and Jennifer McCollum, PhD	Parent Support	1:15-2:00 PM	Green Leaf is a small psychology clinic providing assessment, intervention, and consultation services to learners of all ages. We specialize in evidence-based interventions for women, couples, and kids.	http://greenleafpsych.com

Entertainment

Service Provider	Activity	Time	Activity Description	Website/Contact Info
Jungle James Animal Adventures	Interactive animal presentation	1:45-3:00 PM	We take children and adults on a journey around the world to meet and interact with some of the world's most amazing creatures	Junglejames.com

			including insects, amphibians and reptiles.	
Zavaleta Music Studios	Drum Circle	TBA	The goal at Zavaleta Studios is to help you fall in love with the creative arts. We offer individual and group music classes to children and adults, as well as creative arts workshops for individuals and groups. At Zavaleta Studios, we are actively engaged in making music and art as well. We perform and produce bilingual children's music, contemporary percussion, and Mexican folkloric music, and often consult on media and creative arts projects.	https://www.zavaletastudios.com
Shelly Hamalian, photographer	Voluntary photos of kids & families, will be available to download after the event	12:00-3:00 PM		http://www.shutterbug94549.com
Lafayette Police Department	Police officers and vehicles on-site for families to interact	12:00-3:00 PM		http://www.lovelafayette.org/city-hall/city-departments/police