

**Contra Costa SELPA Community Advisory Committee (CAC)
2023-2024 Meetings and Trainings**



On the dates listed below, unless otherwise noted:

All CAC Meetings are from 5:00-5:30 PM and all parent trainings are from 5:30-6:30 PM

The zoom link for all the meetings and trainings is:

<http://bit.ly/CAC23-24>

Meeting ID: 818 3266 1569

Passcode: aRp2iK

Parents are welcome to attend both the meeting and training.

❖ **Wednesday, September 20, 2023**

- **Parent Training: Helping Students Succeed by Planning Ahead**
- **Presenter: Michael Giambona, Ph.D.**

Dr. Giambona will present on how to support your child as they transition into a new school year. He will provide strategies on how to support them through transitions, substitutes, having meaningful conversations with them, and how you can best collaborate with their teachers to best support your child.

❖ **Wednesday, November 8, 2023**

- **Parent Training: Building Communication**
- **Presenters: Alana Garcia- Chavez and Kelsey Cardana**

Alana Garcia-Chavez and Kelsey Cardana are the AT/AAC Leads with the CC SELPA and they will be presenting on increasing communication skills using simple language development strategies.

❖ **Wednesday, January 24, 2024**

- **Parent Training: Supporting Students with Executive Functioning**
- **Presenters: Soledad Springfield and Tricia Facticeau**

Tricia Facticeau and Soledad Springfield are respectively the Coordinator and a Program Specialist in the Contra Costa SELPA. They will be sharing strategies for students to enhance their executive functioning skills.

❖ **Wednesday, February 21, 2024 (Parent Training Only / No CAC Meeting)**

- **Time: 5:30-6:30**
- **Parent Training: Preparing for Adult Transition Programs**
- **Presenter: MaryAnn Frates, Ed.D., Contra Costa SELPA Director**

Dr. Frates will review what these programs should look like, what questions you should be asking about them, at IEP meetings prior to completing high school, and what you should be asking both the districts and Regional Center, when you are in these programs.

❖ **Wednesday, March 6, 2024**

- CAC Meeting-5:00-5:30
- CAC Awards-5:30-6:30

❖ **Wednesday, May 8, 2024 at 5:00 - 6:00 pm**

- CAC Meeting-5:00-6:00 (Planning Meeting Only)